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Director

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**Providing Mental Wellness
in our Community
Since 1973**

Bernice W. Skirboll, M.S.
Founder

259 Monroe Avenue
Rochester, NY 14607
(585) 546-8280

www.compeerrochester.org



Dear Referring Provider,

Thank you for your interest in referring your client to Compeer Rochester. Attached you will find our updated referral packet, Criteria for Acceptance, and a list of responsibilities you must agree to as the referral source. Please review each of these documents before submitting the referral to ensure your client is eligible and appropriate for the program. We ask that you attach a psycho-social assessment of the client if you have one. You must complete the referral in its entirety, except in the case of a military youth, in which you can leave diagnostic information blank if there is none to be shared.

It is difficult to predict how long it will take to find an appropriate volunteer for your client – matches are made based on several factors such as age, personality traits, interests, level of client need versus the level of experience of the volunteer, and geographical location.

Compeer Rochester's mission is to serve as a bridge to enhanced wellness and community integration for those with social and emotional barriers through the power of supportive friendships. We are proud to have served Monroe County for over 40 years, utilizing community volunteers in a person-centered approach to combating the stigma and other challenges facing our youth, adults and families. We view our program as an adjunct to therapy and other support services. It cannot operate alone, so we look forward to partnering with you to meet the goals of your client.

Sincerely,

Dana Frame
President



RESPONSIBILITIES OF REFERRAL SOURCE/MENTAL HEALTH PROFESSIONAL

- You must have contact with potential volunteers to help determine the best match for individuals you refer. Potential volunteers will contact you directly, or Compeer staff will provide you with their contact information. Our Consent for Release of Information allows this contact until Compeer Rochester services end.
- You must be available by phone to Compeer staff and volunteers for issues of concern throughout the match.
- You may be asked to facilitate meetings and/or other forms of communication between clients you refer, volunteers, and/or Compeer staff before and during the match.
- You must notify Compeer of any changes in your client's mental health, agency/mental health provider, or contact information.
- You must let us know if you close with clients you have referred as soon as possible. This applies to clients waiting for a volunteer and clients who are matched. We will not present an individual to potential volunteers unless he or she has a mental health professional or some form of counseling. If you close out a client while he or she is still matched, Compeer staff will determine eligibility to continue in the program.
- If you make a referral but do not intend to be the primary contact for us, you must submit the Consent of Release of Information for the alternate contact or agency along with the referral. You must verify the primary contact person is fully aware of and supportive of the referral, has a copy of this document, and can agree to the responsibilities listed above.
- If you know that your client is **(HARP)** eligible and or has a Health Home Care Manager **(HHCN)**, you must disclose this information as requested in the accompanying referral, as Compeer may also be able to provide your client with Home and Community Based Services **(HCBS)**, if they are eligible and elect to participate in such.

I have read, understand, and agree to the above responsibilities as the referring mental health professional:

Signature

Date

RESPONSIBILITIES OF COMPEER PROGRAM

- We will recruit, interview, screen, and provide training to volunteers before they are matched and give ongoing support and training during the match.
- We will monitor the volunteer and client relationship via phone/e-mail and monthly update forms, and will advise you of any concerns that may arise. We will mail, fax, or email you a copy of the volunteer's monthly update form.
- We will get to know clients via Self-Reports, periodic Compeer-sponsored events, and checking in at least once every three months by phone. We may remove an individual from our services if contact is not returned by him or her, or you as the provider.
- We will offer advocacy and other Family Support Services by our Family Mentor to clients who are parents or caretakers of children who are also in mental health treatment.

~PLEASE ATTACH THIS SIGNED DOCUMENT TO ANY REFERRAL YOU SUBMIT~



**Criteria for Acceptance
Adult 1:1 Mentoring Program**

Please complete this checklist prior to completing referral:

- | | | |
|---|-----|----|
| 1. Does client must reside in Monroe County? | Yes | No |
| 2. Is client receiving ongoing mental health treatment in a facility licensed by the Office of Mental Health for a diagnosed mental health condition? | Yes | No |
| 3. Is client interested in socializing and spending time out in the community with a volunteer? | Yes | No |
| 4. Is client able to identify goals around overall wellness? | Yes | No |
| 5. If client is using a wheelchair or has other mobility challenges, is he/she independent with transfers? | Yes | No |

If all above questions are answered "Yes," please proceed:

- | | | |
|---|-----|----|
| 6. Has client ever been convicted of a sexual or violent offense? | Yes | No |
| 7. Is client acutely suicidal? | Yes | No |
| 8. Is client diagnosed with a Substance Use Disorder? | Yes | No |
| 9. Has client been hospitalized in the past six months for a mental health concern? | Yes | No |
| 10. Has client been assigned more than two previous Compeer Volunteers in the past? | Yes | No |

If any of the above questions are answered "Yes," please contact us prior to making referral. If all of the above questions are answered no, please proceed with referral and be sure to answer the questions below prior to submitting referral:

- | | | |
|---|-----|----|
| 11. Is the referral completed in its entirety? | Yes | No |
| 12. Is all information relating to client's mental health history disclosed in the referral, including any history of behaviors that would be of concern to a volunteer's safety (i.e. aggressive or violent behavior, chemical dependency, CPL status, stealing, dementia, severely impaired judgment, and recent hospitalizations)? | Yes | No |
| 13. If available, is a current psychosocial assessment attached? | Yes | No |

Information provided in the referral and supporting documents will be reviewed by Compeer Staff, and a decision will be made in the best interest of your client and our volunteers. All cases are reviewed on an individual basis. Compeer does not discriminate based on race, religion, or sexual orientation. If your client does not meet the above Criteria, he or she may still qualify for other services at Compeer Rochester. Contact us for more information about our fee-for-service programs.

MENTAL HEALTH PROFESSIONAL'S REFERRAL FORM- ADULT SERVICES



259 Monroe Avenue
 Rochester, NY 14607-3632
 Office: 585-546-8280
 TTY: 585-546-7959
 Fax: 585-325-2558
 Website www.compeerrochester.org

Compeer Office Use Only:
 Date Received: _____ by _____
 Date Logged In: _____ by _____
 Date Approved: _____ by _____
 Referral Denied: _____ by _____

CLIENT ID _____

PROGRAM DESIRED (CHECK ALL THAT APPLY)

- 1:1 Mentoring Program** (long term match with volunteer)
- Supportive Partners for Recovery** (fee-for-service, goal-based, short term match with paid staff)
- CompeerCorps** (Veterans only, peer mentoring)
- Compeer Calling** (1:1 Supportive weekly phone contact)
- E-Buddy** (1:1 supportive e-mail contact)

REFERRAL DATE:

--

CLIENT INFORMATION

Client Name:	Date of Birth: ____/____/____		
Current Address:	City:	State:	Zip:
Phone:	E-mail address:		

LIVING SITUATION

Lives with (self, spouse, parents, foster parents, relatives, friends, group home, in-patient, etc.)

*Names, relationship to client, and birth dates of those in same home
 (group home or in-patient need not complete)*

Name:	Relationship:	Birth date:
Name:	Relationship:	Birth date:
Name:	Relationship:	Birth date:

EMERGENCY CONTACT

Name:	Relationship to Client:	
Phone (Day):	Address:	
Phone (Evening):	City:	Zip:

GOALS FOR COMPEER RELATIONSHIP/WELLNESS

Prevention:
Emotional & Social:
Physical Activity/Nutrition:

MENTAL HEALTH PROFESSIONAL'S REFERRAL FORM- ADULT SERVICES

PSYCHOSOCIAL INFORMATION

Does the client have access to transportation? <input type="checkbox"/> Yes <input type="checkbox"/> No What type? <input type="checkbox"/> Car <input type="checkbox"/> Bus <input type="checkbox"/> Other _____ Are there any special needs for transportation? If yes, please explain (i.e. wheelchair access, etc.): _____
Current involvement in programs (e.g. Day treatment, work, volunteering, and community recreation) - please list: _____

INTERESTS/HOBBIES/ACTIVITIES

<input type="checkbox"/> Arts and Crafts:	<input type="checkbox"/> Sports:	<input type="checkbox"/> Movies:
<input type="checkbox"/> Cooking:	<input type="checkbox"/> Outdoor Activities:	<input type="checkbox"/> Drama:
<input type="checkbox"/> Sewing:	<input type="checkbox"/> Church/Temple:	<input type="checkbox"/> Volunteering:
<input type="checkbox"/> Reading:	<input type="checkbox"/> Fitness Activities:	<input type="checkbox"/> Music:
<input type="checkbox"/> Animals:	<input type="checkbox"/> Dining Out:	<input type="checkbox"/> Shopping:
Describe client's strengths and positive attributes: _____		
Are groups difficult for your client? <input type="checkbox"/> Yes <input type="checkbox"/> No		
How does your client handle frustration? _____		

DSM DIAGNOSIS – PROVIDE NAME AND CODE

Primary:	Environmental Stressors:
Secondary:	
Medical Conditions:	SPMI? <input type="checkbox"/> Yes <input type="checkbox"/> No
Symptomatic Behaviors (What does the volunteer need to know?): _____	
PLEASE ATTACH PSYCHOSOCIAL REPORT, WHODAS AND/OR APPLICABLE ASSESSMENTS	
Does client have any other medical conditions? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please describe: _____	
Does client have any physical limitations? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please describe _____	
Does client take medication(s)? <input type="checkbox"/> Yes <input type="checkbox"/> No	

MENTAL HEALTH PROFESSIONAL'S REFERRAL FORM- ADULT SERVICES

CRIMINAL/LEGAL HISTORY

Does client have a history of illicit drug use? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please describe and state if and how long the client has been sober:
Does client have a history of physically aggressive behavior? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please describe and provide documentation, dates and a detailed account of the history:
Has client ever been convicted of a felony or for any criminal activity? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please describe and provide documentation, dates and a detailed account of the history:

MENTORING PREFERENCES: WHAT IS IMPORTANT TO YOUR CLIENT?

Is it important that the volunteer be a specific age, gender, religion, and ethnic background or have a specific quality? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please specify:	
What would not be a good match?	
Does client smoke? <input type="checkbox"/> Yes <input type="checkbox"/> No	Does it matter to client if volunteer smokes? <input type="checkbox"/> Yes <input type="checkbox"/> No

REFERRING INFORMATION

Referring Provider		Title:	
Agency:			
Address:		City:	Zip:
Phone:	Fax:	Required Email:	
Preferred Method of Contact: <input type="checkbox"/> E-mail <input type="checkbox"/> Mail	Relationship/role with client:		Type of treatment
Primary contact for Compeer Program? <input type="checkbox"/> Yes <input type="checkbox"/> No			

If NO, please list information for primary contact

Primary Provider		Title:	
Agency:			
Address:		City:	Zip:
Phone:	Fax:	Required Email:	
Preferred Method of Contact: <input type="checkbox"/> E-mail <input type="checkbox"/> Mail	Relationship/role with client:		Type of treatment

1. Is client **HARP** eligible? Yes No Unknown

2. Does client have a Health Home Care Manager (**HHCM**)? Yes No Unknown

If YES to question 2, complete the following

Name:		Title:	
Agency:			
Address:		City:	Zip:
Phone:	Fax:	Required Email:	

MENTAL HEALTH PROFESSIONAL'S REFERRAL FORM- ADULT SERVICES

1. Gender:

- Male
- Female
- Transgender Male to Female
- Transgender Female to Male
- Other _____
- Unknown

2. Race: (check one)

- White
- Black / African American / Afro-Caribbean
- Asian
- American Indian / Alaska Native
- Native Hawaiian / Pacific Islander
- Other _____
- Unknown

Hispanic/ Latino Indicator

- Not Hispanic/Latino
- Mexican
- Puerto Rican
- Cuban
- Dominican
- Ecuadorian
- Origin Not Specified
- Unknown

3. Veteran Status – Client

- Yes, Now on active duty (includes Reserves or National Guard)
- Yes, In past but not now (Veteran)
- Yes, Current active status unknown
- No, Training for Reserves or National Guard Duty
- No, Never served in military
- Unknown

3a. Combat Service – Client

- Yes
- No
- Unknown

3b. Veteran Status – Client's Spouse/Partner

- Yes, Now on active duty (includes Reserves or National Guard)
- Yes, In past but not now (Veteran)
- Yes, Current active status unknown
- No, Training for Reserves or National Guard Duty
- No, Never served in military
- Unknown

3c. Veteran Status – Client's Parent/Legal Guardian

- Yes, Now on active duty (includes Reserves or National Guard)
- Yes, In past but not now (Veteran)
- Yes, Current active status unknown
- No, Training for Reserves or National Guard Duty
- No, Never served in military
- Unknown

4. Living Situation: (check one)

- Private Residence (owned or mortgaged)
- Rental Home/Apartment
- Home of relative or friend
- Rooming House, Hotel, SRO (non-MH)
- Nursing/Health-Related Facility
- Institution (ex. RPC)
- Community Residence
- Adult Home (PPHA)
- Family Care
- Foster Home (C&Y clients)
- Residential Treatment Facility
- SRO (mental health)
- Supported Housing/Apartment
- Transient/Homeless
- Other _____
- Unknown

5. Employment Status

- Full Time Employment Where: _____
- Part Time Employment Where: _____
- Sporadic or casual employment for pay
- Non-paid work position (volunteer)
- Not in Labor Force: looking for work
- Not in Labor Force: retired, homemaker, student
- Not in Labor Force: disabled, psychiatric inpatient,
- Not in Labor Force: other _____

6. Prior Mental Health Service: (check one)

- No Prior Known Services
- Prior Inpatient
- Prior Outpatient
- Prior Day Program
- Inpatient & Outpatient
- Inpatient Day Program
- Inpatient, Outpatient Day Program
- Unknown

7. Income Source: (check largest single source)

- None
- Full-time Employment
- Part-time Employment
- Alimony or Child Support
- Unemployment
- Pension, Social Security
- Support from Employed Spouse
- Support from Employed Parent
- SSI
- SSDI
- ADC, Home Relief or other Welfare
- VA Benefits
- Worker's Compensation
- Other _____
- Unknown

8. Health Insurance Coverage:

- Medicaid
- if Medicaid, Is it Managed Care ? _____
- Medicare
- Private Insurance (BC/BS, MVP, Aetna ,Etc)
- Child Health Plus
- Family Health Plus
- Other : _____

MENTAL HEALTH PROFESSIONAL'S REFERRAL FORM- ADULT SERVICES

9. Marital Status:

- Never Married
- Married
- Widowed
- Separated
- Divorced/Annulled
- Unknown

10. Education: (check last grade completed)

- No Education
- Less than high-school
- Some high school (8th grade or less)
- High-school/GED diploma
- Vocational / Technical School
- Some college
- 2 year college degree
- 4 year college degree
- Graduate school
- Unknown

11. Primary Language:

- English
- Spanish
- Sign Language
- Other _____

12. Aggregate Household Income

- Less than \$13,200
- \$15,000 - \$24,999
- \$25,000 - \$44,999
- \$45,000 - \$74,999
- \$75,000 and Up
- Unknown

13. Religion:

- Catholic
- Baptist
- Protestant
- Jewish
- Buddhist
- Islam
- Other _____
- Unknown

14. Additional Disabilities: ...Please Explain

- No Disabilities
- Developmental
- Mental retardation: _____
- Alcohol: _____
- Drugs: _____
- Mixed Substance: _____
- Blind: _____
- Hearing Impaired: _____
- Ambulation Impairment: _____
- Other: _____
- Unknown

15. Criminal Justice or Juvenile Justice Status:

- None
- Criminal Procedure Law (CPL 330.20)
- Article 10 – Sex Offender Management & Treatment
- NYS Dept. of Corrections Prisoner
- County/ City Jail, Court Detention or Police Lockup Prisoner
- Parolee (Adults)
- Probationer (Adults)
- PINS (Persons in Need of Supervision)
- Adjudicated Juvenile Delinquent or Offender
- Alternative to Incarceration or Mental Health Court
- Other Criminal Justice Status _____
- Unknown if client has a criminal or juvenile justice status

MENTAL HEALTH PROFESSIONAL'S REFERRAL FORM- ADULT SERVICES

Waiver of Liability

Compeer Rochester's programming involves a variety of activities. The level of participation in mentoring, events, or programs are at all times voluntary. Compeer Rochester staff members are committed to the safety of every participant, using several levels of volunteer screening and background checks, as well as choosing appropriate activities in the community. However, participants may be at risk for injury or other harm. This waiver must be completed and signed prior to enrollment.

Please list any medications and/or medical conditions not already mentioned in referral:

Medical coverage information:

Physician's Name _____ Office Phone _____ - _____ - _____

Office address: _____

Preferred Hospital (optional): _____

Insurance Company: _____ Policy # (optional) _____

WAIVER: I realize that I must have proper medical insurance, including coverage for hospitalization. I understand that participating organizations do not provide accident insurance coverage. I further understand that I am participating at my own risk and assume the risk of injury. I am aware that the activities in which I participate could involve certain personal risks. I, therefore, release all rights or claims for damages against Compeer Rochester, Inc., and all individuals assisting and conducting these activities for any injuries suffered by me in connection with this activity.

Client's Signature

Date

Client's Name (print please)

Witness's Signature

MENTAL HEALTH PROFESSIONAL'S REFERRAL FORM- ADULT SERVICES



Consent for Release of Information

I, _____, give permission to exchange educational and psychosocial diagnostic, assessment, and treatment information, as well as descriptive information about symptoms and behaviors regarding:

Client's Name _____ Date of birth: _____

I hereby declare that I am the: () Patient /Client () Legal Guardian

This information may be obtained from and released to:

Agency: _____

Address: _____

Phone # _____ Fax # _____

This information may be obtained from and released to:

Compeer Rochester, Inc. (Staff, Interns, and Volunteers)
259 Monroe Ave.
Rochester, NY 14607
Phone: 585-546-8280 Fax: 585-325-2558

Compeer Rochester must report to its funders to ensure continuation of services. In addition to agency staff, client names and service hours may be shared with licensed researchers and authorized funders in order to measure the impact of mentoring in our community. Compeer Rochester honors client privacy and will never share detailed information about a client's mental health status or diagnoses with any parties not authorized by the client.

I authorize the ongoing release of this information for the purpose of finding a volunteer mentor, and also to support the volunteer throughout the duration of his or her match with me in the Compeer Program. This consent expires when Compeer services are discontinued. I understand that I have the right to revoke and or restrict this authorization at any time, provided that I submit a request in writing to the referring agency. Any revocation shall not apply to the extent that the referring agency has already taken action in reliance on this authorization.

Client Signature: _____ Date: _____

Staff/Mental Health Professional Signature: _____ Date: _____

PROVIDER: Compeer Rochester, Inc.

Patient Name	Date of Birth	Patient Identification Number
Patient Address		

I request that health information regarding my care and treatment be accessed as set forth on this form. I can choose whether or not to allow the above-named Provider Organization or Health Plan; or reference to a list of specific Provider Organizations and/or Plans attached to this form to obtain access to my medical records through the health information exchange organization called Rochester RHIO. If I give consent, my medical records from different places where I get health care can be accessed using a statewide computer network. Rochester RHIO is a not-for-profit organization that shares information about people's health electronically and meets the privacy and security standards of HIPAA and New York State Law. To learn more visit Rochester RHIO's website at www.RochesterRHIO.org.

My information may be accessed in the event of an emergency, unless I complete this form and check box #2, which states that I deny consent even in a medical emergency.

The choice I make in this form will NOT affect my ability to get medical care. The choice I make in this form does NOT allow health insurers to have access to my information for the purpose of deciding whether to provide me with health insurance coverage or pay my medical bills.

<p>My Consent Choice. ONE box is checked to the left of my choice. I can fill out this form now or in the future. I can also change my decision at any time by completing a new form.</p>
<p><input type="checkbox"/> I GIVE CONSENT for above-named Provider Organization or Health Plan; or reference to a list of specific Provider Organizations and/or Plans to access ALL of my electronic health information through Rochester RHIO to provide health care services (including emergency care).</p>
<p><input type="checkbox"/> I DENY CONSENT for above-named Provider Organization or Health Plan; or reference to a list of specific Provider Organizations and/or Plans to access my electronic health information through Rochester RHIO for any purpose, <i>even in a medical emergency</i>.</p>

If I want to deny consent for all Provider Organizations and Health Plans participating in Rochester RHIO to access my electronic health information through Rochester RHIO, I may do so by visiting Rochester RHIO's website at www.RochesterRHIO.org or calling Rochester RHIO at 1-877-865-RHIO(7446).

My questions about this form have been answered and I have been provided a copy of this form.

Signature of Patient or Patient's Legal Representative	Date
Print Name of Legal Representative (if applicable)	Relationship of Legal Representative to Patient (if applicable)

Details about the information accessed through Rochester RHIO and the consent process:

1. **How Your Information May be Used.** Your electronic health information will be used **only** for the following healthcare services:
 - **Treatment Services.** Provide you with medical treatment and related services.
 - **Insurance Eligibility Verification.** Check whether you have health insurance and what it covers.
 - **Care Management Activities.** These include assisting you in obtaining appropriate medical care, improving the quality of services provided to you, coordinating the provision of multiple health care services provided to you, or supporting you in following a plan of medical care.
 - **Quality Improvement Activities.** Evaluate and improve the quality of medical care provided to you and all patients.
2. **What Types of Information about You Are Included.** If you give consent, the Provider Organization(s) and/or Health Plan(s) listed may access ALL of your electronic health information available through Rochester RHIO. This includes information created before and after the date this form is signed. Your health records may include a history of illnesses or injuries you have had (like diabetes or a broken bone), test results (like X-rays or blood tests), and lists of medicines you have taken. This information may include sensitive health conditions, including but not limited to:
 - Alcohol or drug use problems
 - Birth control and abortion (family planning)
 - Genetic (Inherited) diseases or tests
 - HIV/AIDS
 - Mental health conditions
 - Sexually transmitted diseases
3. **Where Health Information About You Comes From.** Information about you comes from places that have provided you with medical care or health insurance. These may include hospitals, physicians, pharmacies, clinical laboratories, health insurers, the Medicaid program, and other organizations that exchange health information electronically. A complete, current list is available from the named Provider Organization(s) or Rochester RHIO. You can obtain an updated list at any time by checking Rochester RHIO's website at www.RochesterRHIO.org or by calling 1-877-865-RHIO(7446).
4. **Who May Access Information About You, if You Give Consent.** Only doctors and other staff members of the Organization(s) you have given consent to access who carry out activities permitted by this form as described above in paragraph one.
5. **Public Health and Organ Procurement Organization Access.** Federal, state or local public health agencies and certain organ procurement organizations are authorized by law to access health information without a patient's consent for certain public health and organ transplant purposes. These entities may access your information through Rochester RHIO for these purposes without regard to whether you give consent, deny consent or do not fill out a consent form.
6. **Penalties for Improper Access to or Use of Your Information.** There are penalties for inappropriate access to or use of your electronic health information. If at any time you suspect that someone who should not have seen or gotten access to information about you has done so, call the Provider Organization at: _____; or visit Rochester RHIO's website: www.RochesterRHIO.org; or call the NYS Department of Health at 518-474-4987; or follow the complaint process of the federal Office for Civil Rights at the following link: <http://www.hhs.gov/ocr/privacy/hipaa/complaints/>.
7. **Re-disclosure of Information.** Any organization(s) you have given consent to access health information about you may re-disclose your health information, but only to the extent permitted by state and federal laws and regulations. Alcohol/drug treatment-related information or confidential HIV-related information may only be accessed and may only be re-disclosed if accompanied by the required statements regarding prohibition of re-disclosure.
8. **Effective Period.** This Consent Form will remain in effect until the day you change your consent choice or until such time as Rochester RHIO ceases operation (or until 50 years after your death whichever occurs first). If Rochester RHIO merges with another Qualified Entity your consent choices will remain effective with the newly merged entity.
9. **Changing Your Consent Choice.** You can change your consent choice at any time and for any Provider Organization or Health Plan by submitting a new Consent Form with your new choice(s). Organizations that access your health information through Rochester RHIO while your consent is in effect may copy or include your information in their own medical records. Even if you later decide to change your consent decision they are not required to return your information or remove it from their records.
10. **Copy of Form.** You are entitled to get a copy of this Consent Form.