



## **Lou Holtz to Headline 17<sup>th</sup> Annual Compeer Sports Luncheon**

ROCHESTER, N.Y., Sept. 11, 2006 — Notre Dame football coaching legend Lou Holtz will be the guest speaker at the 17<sup>th</sup> annual Compeer Sports Luncheon on Wednesday, Oct. 25, 2006 at noon at the Rochester Riverside Convention Center.

Lou Holtz is the only coach in college football history to take six different teams to a bowl game, win five bowl games with different teams, and lead four different college teams to final Top 20 rankings. Holtz currently serves as an analyst for ESPN's college football coverage. A motivational speaker, Holtz's presentations transcend athletics to focus on people and the values that make relationships and organizations excel.

Compeer Rochester's Sports Luncheon is the non-profit organization's signature fund-raising event of the year, with proceeds helping support volunteer-based services for children and adults in mental-health care. Compeer Rochester does not charge fees for any of its services, which help people alleviate the isolation and loneliness of mental illness and to lead healthier, happier lives.

Past Compeer Sports Luncheon speakers have included Bill Walton, Chris Berman, Terry Bradshaw, Jim Boeheim, Joe Theismann, Bill Polian, Mike Singletary, Bart Starr, Johnny Miller, Mike Ditka and Dick Vitale.

For sponsorship, table or ticket information, people can contact Compeer Rochester at (585) 546-8280.

### **About Compeer Rochester**

Established in 1973, Compeer Rochester ([www.rochester.compeer.org](http://www.rochester.compeer.org)) is an innovative, non-profit organization that cultivates supportive friendships and mentoring between volunteers and individuals in mental-health care – and promotes mental wellness in the Rochester community.

Compeer volunteer friendships, which serve as a supplement to therapy, have a direct impact by building the self-esteem, self-confidence and independence of children and adults in mental-health care. The agency offers flexible volunteer programs, from one-to-one friendships to group activities, so people can participate in a way that best fits their busy lives.

Compeer Rochester is part of Compeer Inc., an international network of more than 80 affiliate locations in the U.S., Canada and Australia. The American Psychological Association (APA) recognizes Compeer as a best-practices model.